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Course Title: Adaptive Physical Education Unit Name: Team Sports
Grade Level: 7 - 10

<p>Content Statements</p> <p>Students will be learning various ways to exercise as a group which will enable them to perform more effectively in a team situation.</p>	<p>NJSLS:</p> <p>2.1.4 and 2.A-G All</p> <p>2.2.4 and 2 A-F All</p>
<p>Overarching Essential Questions</p> <p>Will I have fun working with others? Will exercise be good for my body? Will these skills help me to play sports in high school? Will I be able to work well with others? Will I be able to play these sports after high school Will I learn the values of good sportsmanship?</p>	<p>Overarching Enduring Understandings</p> <p>Exercise is good for my body. Exercise will help me to make a sports team in high school. The more I learn in a cooperative environment the more I will enjoy exercise. I will discover that sportsmanship is vital to team sports.</p>
<p>Unit Essential Questions</p> <p>Will kids make fun of me while I am learning team sports? What will I do if I cannot work in a team environment? How can some students perform better than others? How do I use the equipment safely? How can team sports help me? How can team sports make me a better athlete? Will I be able to use these sports throughout my lifetime? Can team sports be fun? How does sportsmanship contribute to a team's success?</p>	<p>Unit Enduring Understandings</p> <p>I can become healthy by performing team sports. I can learn from my mistakes. I can be patient with others. I can work harder to become more successful. When I exercise using equipment properly will prevent me and others from injury. I can play team sports in school. I can have fun while playing team sports. Some team sports can be played throughout my lifetime. Sportsmanship will help me be a better team player.</p>

<p>Unit Rationale</p> <p>Students need team sports to keep them healthy. Students need to perform group activities to improve their coordination, skill level, stamina, and self confidence. Student need to work with others. Students need to find success to enjoy lifelong activities. Students need to understand the importance of sportsmanship.</p>	<p>Unit Overview</p> <p>Students will understand how team sports will keep them active throughout their lifetime and they can perform them cooperatively with others. They will realize the benefits of exercise and how important it should be in their daily lives. Students will learn the value of working with others and the importance of sportsmanship.</p>
<p>Authentic Learning Experiences</p> <p>Students will be actively participating in all activities.</p>	
<p>21st Century Skills and Themes</p> <p>Global: Students will be aware that everyone in the world can participate in team sports. Civic Literacy: Experiencing group activities will prepare students for community /recreational activities Critical thinking and problem solving: Learn to work together to assess the task at hand and how they can perform better.</p>	
<p>Unit Learning Targets/Scaffolding to CPIs</p> <p>Students entering junior and senior high school will be more prepared for a higher level of play. This will also prepare them to perform team sports at a higher level.</p>	
<p>Key Terms</p> <p>Cooperative learning Determination Don't give up Don't touch each other Exercise Perseverance Personal space Positive attitude Proper care of equipment Respect others Safety First Self-esteem Show patience Sportsmanship Work hard</p>	
<p>Instructional Strategies</p> <p>Monitor, demonstrate, simulate, supervise, observe, participate, facilitate</p>	
<p>Customizing Learning/ Differentiation</p>	

Modify Rules and Equipment
Modify activity for special needs students.
Group mainstreamed students with all class members.

Formative Assessments

Participation and observation, discussion, written test, class preparation

Interdisciplinary Connections

Music: motivational music during group activity
Science: knowledge of the body

Resources

Equipment, music

Suggested Activities for Inclusion in Lesson Planning

Soccer
Football
Softball
Frisbee
Volleyball
Basketball

Unit Timeline

2 weeks per team sport

Appendix

Differentiation	
Enrichment	<ul style="list-style-type: none">● Utilize collaborative media tools● Provide differentiated feedback● Opportunities for reflection● Encourage student voice and input● Model close reading● Distinguish long term and short term goals

<p>Intervention & Modification</p>	<ul style="list-style-type: none"> ● Utilize “skeleton notes” where some required information is already filled in for the student ● Provide access to a variety of tools for responses ● Provide opportunities to build familiarity and to practice with multiple media tools ● Leveled text and activities that adapt as students build skills ● Provide multiple means of action and expression ● Consider learning styles and interests ● Provide differentiated mentors ● Graphic organizers
<p>ELLs</p>	<ul style="list-style-type: none"> ● Pre-teach new vocabulary and meaning of symbols ● Embed glossaries or definitions ● Provide translations ● Connect new vocabulary to background knowledge ● Provide flash cards ● Incorporate as many learning senses as possible ● Portray structure, relationships, and associations through concept webs ● Graphic organizers
<p>21st Century Skills</p>	
<ul style="list-style-type: none"> ● Creativity ● Innovation ● Critical Thinking ● Problem Solving ● Communication ● Collaboration 	
<p>Integrating Technology</p>	
<ul style="list-style-type: none"> ● Chromebooks ● Internet research ● Online programs ● Virtual collaboration and projects ● Presentations using presentation hardware and software 	